

Expression of Nerve Growth Factor (NGF) and its receptor (TrK A) in chronic renal failure patients with pruritus

Essam E. A. Nada¹, Mohammed A. Adly², Mohammed A. Ali³, Shima M. Shrief⁴.

- (1) Professor and Head of Dermatology, Venereology and Andrology Department Faculty of Medicine, Sohag University.
- (2) Professor of Histochemistry and Molecular cell biology Zoology Department Faculty of Science, Sohag University.
- (3) Lecturer of Dermatology, Venereology and Andrology Faculty of Medicine, Sohag University.
- (4) Resident of Dermatology, Venereology and Andrology Department, Sohag Educational Hospital.

Abstract

Background: Chronic renal failure or chronic renal disease (CRD) is a progressive loss in renal function over a period of months or years. It is differentiated from acute kidney disease in that the reduction in kidney function must be present for over 3 months.

Uremic pruritus is the most common cutaneous abnormality in patients with CRF. Uraemic pruritus is unrelated to sex, age, duration, cause of dialysis, a list of unproven suggestions for pruritus include : dry skin; mast cell proliferation; Th1 cytokines; secondary hyperparathyroidism; disturbed balance between μ -opioid and κ -opioid receptors; substance P; increased skin ions Ca, Mg, PO; abnormal transmission via the spine .

Nerve growth factor is a neurotropic polypeptide necessary for the survival and growth of some central neurons, as well as sensory afferent and sympathetic neurons. It has been found that in AD patients increased levels of NGF in keratinocytes and infiltrating leukocytes which were related to disease severity . Skin from patients with prurigo nodularis also have increased presence of NGF which is primarily found in infiltrating leukocytes.

Method: The present case-control study was carried out on 30 patients with CRF and uraemic pruritus on hemodialysis who were treated at Sohag Educational Hospital and 20 healthy control subjects. Patients with CRF and uremic pruritus on hemodialysis of both sex, any age and not received any systemic treatment for pruritus for at least 3 weeks prior to the study were included in this study.

Severity of itching was measured by the 5-D itch score. 5-D is (duration – degree – direction –disability and distribution). Maximum score is 25 and indicate severe itching while the minimum score is 5 and indicate no itching. Skin punch biopsies (3 mm) were taken from them for immunohistochemical studies.

Results: The present study found that in the skin of the healthy control participants the expressions of NGF were seen in the epidermal basal layer, but there was no expression in upper and mid epidermal cell layers while in dermis about 75% of them showed mild expression and 25% showed moderate expression.

In patients with chronic CRF with pruritus on dialysis the expressions of NGF were strong in epidermal basal layers, upper and mid epidermal layers. There was a strong expression of NGF in dermis with some spindle like infiltrating cells especially in dermal papillae.

The present study found that in the skin of the healthy control participants the expression of TrKA were seen in the epidermal basal layer, but there was no

expression in upper and mid epidermal cell layers while in dermis 75% of them showed mild expression while 25% showed moderate expression.

In patients with chronic CRF with pruritus on dialysis the expressions of TrKA were strong in epidermal basal layers, mid and upper epidermal layers. In dermis especially upper dermis larger number of cells demonstrated strong TrKA immunoreactivity.

This study found that there was a significant correlation between the 5-D itch score and age of the patients. There was a significant correlation between the 5-D itch score and degree of expression of both NGF and TrKA.

Conclusion: A significant increase in the expressions of NGF and TrKA in CRF patients with pruritus on hemodialysis compared to the healthy control participants and also there was significant correlation between degree of expressions of NGF and TrKA and 5-D itching score could be the cause of initiation and maintenance of pruritus in CRF patients with pruritus on dialysis.

Introduction

Chronic renal failure or chronic renal disease (CRD), is a progressive loss in renal function over a period of months or years. It is differentiated from acute kidney disease in that the reduction in kidney function must be present for over 3 months (1). In Egypt; end stage renal disease (ESRD) is growing by 100% annually; the estimated annual incidence of ESRD is around 74 per million and the total prevalence of patients on dialysis is 264 per million, also there are 90,000 patient die each year because of kidney failure (2). In the El-Minia governorate, one of the upper Egypt governorates, the prevalence was 308 per million (3).

The main causes for CRD are diabetes, hypertension, glomerulonephritis, and polycystic kidney disease (4).

The major skin manifestations in CRD are xerosis, pruritus, hyperpigmentation, perforating and calcifying disorders and bullous diseases (5, 6).

Uraemic pruritus (UP) or renal itching is a common and distressing problem for people with CRD. When severe, it leads to sleep deprivation, depression and is associated with an increased risk of death. (7). In Egyptian patients with CRF on hemodialysis the prevalence of pruritus was 55% (8).

Uraemic Pruritus is unrelated to sex, age, duration, cause of dialysis, a list

of unproven suggestions for pruritus include : dry skin; mast cell proliferation; Th1 cytokines; secondary hyperparathyroidism; disturbed balance between μ -opioid and κ -opioid receptors; substance P; increased skin ions Ca, Mg, PO; abnormal transmission via the spine (9).

Nerve growth factor is a neurotropic polypeptide necessary for the survival and growth of some central neurons, as well as sensory afferent and sympathetic neurons (10). It elicits a number of biologic effects on non-neural cells of the immune-inflammatory complement and it is believed that NGF might also play role in inflammatory, autoimmune and allergic disorders (11). Antidromic C (conducting impulses in a direction opposite to the normal, said of neurons of the posterior roots of the spinal cord) nerve signaling from CNS to the skin may cause the release of neuropeptides from the peripheral nerve endings that can induce a cascade of proinflammatory events (12, 13).

Patients and Methods :

The present case-control study was carried out on 30 patients with CRF and uraemic pruritus on hemodialysis who were treated at Sohag Educational Hospital and 20 healthy control subjects.

Patients with CRF and uremic pruritus on hemodialysis of both sex, any age and not received any systemic treatment for pruritus for at least 3 weeks prior to the study were included in this study. Patients with history suggestive of other medical illness as diabetes mellitus, liver disease and thyroid function abnormalities and primary skin diseases were excluded. All patients underwent complete history taking included; 1) Personal history as; age, sex, marital status, residence, occupation and special habits of medical importance as smoking. 2) Medical history as; onset, course and duration of renal disease and current treatment. All patients were subjected to clinical general examination and local dermatological

examination included skin, mucous membranes, hair and nail.

Severity of itching was measured by the 5-D itch score (14), which was done by a single paper questionnaire that not only measure the intensity of itching but also its impact on patient quality of life, it also detect its change over time. 5-D is (duration – degree – direction –disability and distribution). Maximum score is 25 and indicate severe itching while the minimum score is 5 and indicate no itching.

The scores of each of the five domains are achieved separately and then summed together to obtain a total 5-D score. 5-D scores can potentially range between 5 (no pruritus) and 25 (most severe pruritus).

5-D Pruritus Scale

1. Duration : During the last 2 weeks, how many hours a day have you been itching?

Less than 6hrs/day 1 6-12 hrs/day 2 12-18 hrs/day 3 18-23 hrs/day 4 All day 5

2. Degree : Please rate the intensity of your itching over the past 2 weeks

Not present 1 Mild 2 Moderate 3 Severe 4 Unbearable 5

3. Direction : Over the past 2 weeks has your itching gotten better or worse compared to the previous month?

Completely resolved 1 Much better, but still present 2 Little bit better, but still present 3 Unchanged 4 Getting worse 5

4. Disability: Rate the impact of your itching on the following activities over the last 2 weeks

Sleep

Never affects sleep 1 Occasionally delays falling asleep 2 Frequently delays falling asleep 3 Delays falling asleep and occasionally wakes me up at night 4 Delays falling asleep and frequently wakes me up at night 5

Leisure/Social N/A 1 Never affects this activity 2 Rarely affects this activity 3 Occasionally affects this activity 4 Frequently affects this activity 5 Always affects this activity 6

Housework/Errands 1 2 3 4 5 6

Work/School 1 2 3 4 5 6

5. Distribution: Mark whether itching has been present in the following parts of your body over the last 2 weeks. If a body part is not listed, choose the one that is closest anatomically.

Head/Scalp	<input type="checkbox"/>	Soles	<input type="checkbox"/>
Face	<input type="checkbox"/>	Palms	<input type="checkbox"/>
Chest	<input type="checkbox"/>	Tops of Hands/Fingers	<input type="checkbox"/>
Abdomen	<input type="checkbox"/>	Forearms	<input type="checkbox"/>
Back	<input type="checkbox"/>	Upper Arms	<input type="checkbox"/>
Buttocks	<input type="checkbox"/>	Points of Contact w/ Clothing (e.g waistband, undergarment)	<input type="checkbox"/>
Thighs	<input type="checkbox"/>	Groin	<input type="checkbox"/>
Lower legs	<input type="checkbox"/>		
Tops of Feet/Toes	<input type="checkbox"/>		

Material:

Buffer: TBS buffer (Tris HCL 6.19g, NaCl 8.8g, Aq.dest. 1000 ml, PH 7.6), (TBS + 3.5 % H2O2), Posphate buffer solution (PBS) PH 6.

Antibodies: Primary antibodies: A rabbit polyclonal IgG anti-human NGF antibody (Sant Cruz biotech). A rabbit polyclonal IgG anti-human TrKA antibody (Sant Cruz biotech). Secondary antibodies: Biontynlated goat anti-rabbit antibody.

Method:

Skin specimen:

Skin punch biopsy samples were taken from patients and controls. The sizes of biopsies were 5 mm which were taken under local anesthesia (lidocaine 0.5%). The samples were fixed in formalin and processed for paraffin section. These samples were treated and processed parallel with control healthy human samples which already were taken from healthy volunteers.

Staining method:

The biopsies were processed for immunohistochemical studies. For this purpose vertical paraffin section (7mm) were prepared and stored for immunohistochemical staining procedures.

Paraffin section were deparaffinized and hydrated then they were washed in TBS buffer for further hydration. Subsequently, the slides were washed in TBS + 3.5 % H2O2 and then again they were washed in TBS buffer. Antigen retrieval was done using trypsin, then sections were incubated in protein blocking agent.

The intensity of staining was designated as:

(-): Negative staining (no positive cells). (+): Mild intensity of staining.

(++): Moderate intensity of staining.
(+++): Strong intensity of staining.

Statistical analysis: Data was analyzed using STATA intercooled version 12.1. Quantitative data was represented as mean, standard deviation, median and range. T test was used to compare two groups. Test for trend was used to compare ordered groups. Pearson’s correlation analysis was used to find the association between age and 5-D itching score. Univariate and multivariate logistic regression was used to determine factors affect 5-D itching score. Graphs were produced by using Excel or STATA program. P value was considered significant if it was less than 0.05.

Results

This study included 30 CRF patients with pruritus on haemodialysis and 20 healthy controlled subjects.

In stratum basale, about 75% (n=15) of control samples showed mild expression of NGF, while about 25% (n=5) showed moderate expression of NGF. By contrast about 20% (n= 6) of chronic renal failure cases showed mild expression of NGF, 36.67% (n=11) showed moderate expression of NGF and 43.33% (n=13) showed marked expression of NGF.

Table (1) Comparison between control and CRF groups according to expression of NGF in stratum basale.

Stratum basale	Expression	Control	CRF patients	P value
	Mild	15 (75%)	6 (20.00%)	<0.0001
	Moderate	5 (25.00%)	11 (36.67%)	
	Strong	0	13 (43.33%)	

CRF: chronic renal failure. **NGF:** nerve growth factor. **P value** < 0.05 was significant

In mid epidermis, all control samples 100% (n=20) showed no expression of NGF in mid epidermis, By contrast about 20% (n=6) of CRF patients showed mild expression of NGF, 36.67% (n=11) showed moderate expression of NGF and 43.33% (n=13) showed marked expression of NGF.

Table (2) Comparison between control and CRF groups according to expression of NGF in mid epidermis.

Mid epidermis	Expression	Control	CRF patients	P value
	Negative	20 (100%)	6 (20.00%)	<0.0001
	Moderate	0	11 (36.67%)	
	Strong	0	13 (43.33%)	

CRF: chronic renal failure. NGF: nerve growth factor. P value < 0.05 was significant

In upper epidermis, all control samples 100% (n=20) showed no expression of NGF in mid epidermis. By contrast about 20% (n=6) of CRF patients showed mild expression of NGF, 36.67% (n=11) showed moderate expression of NGF and 43.33%

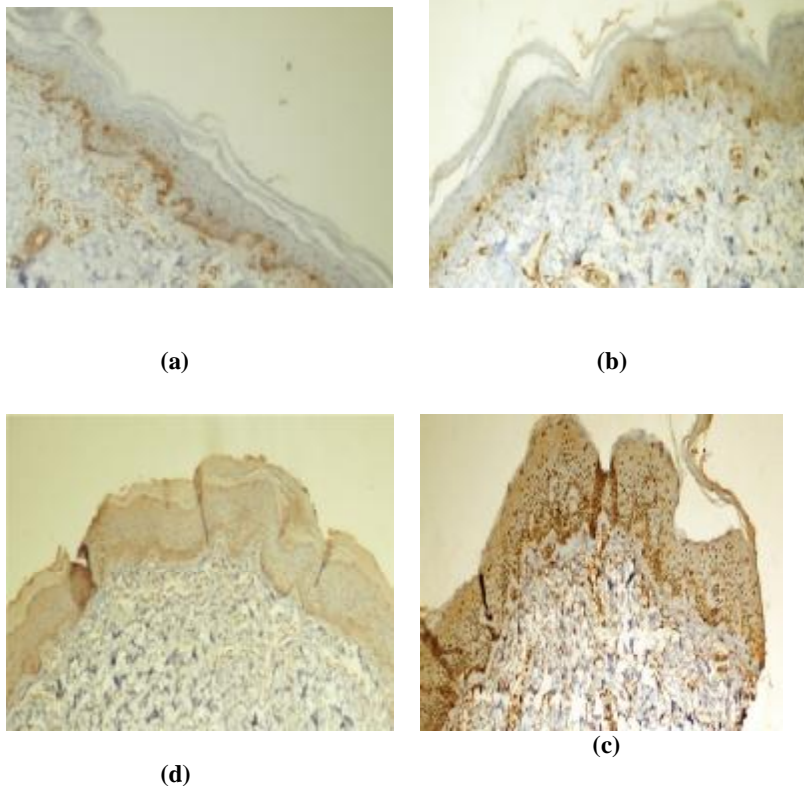


Figure (1) NGF expressions in the epidermis:

(a) Expressions of NGF in control. (b) Weak expressions of NGF in CRF patients. (c) Moderate expressions of NGF in CRF patients. (d) Strong expressions of NGF in CRF patients.

Table (3) Comparison between control and CRF groups according to expression of NGF in upper epidermis.

Upper epidermis	Expression	Control	CRF patients	P value
	Negative	20 (100%)	6 (20.00%)	<0.0001
	Moderate	0	11 (36.67%)	
	Strong	0	13 (43.33%)	

CRF: chronic renal failure. NGF: nerve growth factor. P value < 0.05 was significant

In dermis, about 75% (n=15) of control samples showed mild expression, while 25% (n=5) showed moderate expression of NGF. By contrast about 13.33% (n=4) of CRF patients showed mid expression, 43.33% (n=13) showed moderate expression and 43.33% (n=13) showed marked expression of NGF .

Table (4) Comparison between control and CRF groups according to expression of NGF in dermis.

Dermis	Expression	Control	CRF patients	P value
	Mild	15 (75%)	4 (13.33%)	<0.0001
	Moderate	5 (25.00%)	13 (43.33%)	
	Strong	0	13 (43.33%)	

CRF: chronic renal failure. NGF: nerve growth factor. P value < 0.05 was significant.

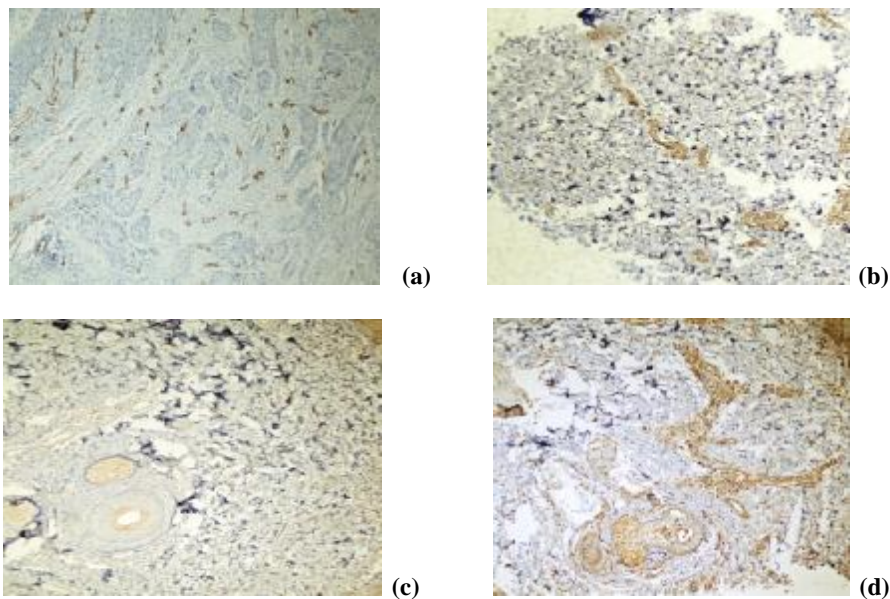


Figure (2) Expressions of NGF in the dermis:

(a) NGF expressions in control. (b) Mild expressions of NGF in CRF patients. (c) Moderate expressions of NGF in CRF patients. (d) Strong expressions of NGF in CRF patients.

In stratum basale, about 75% (n=15) of control samples showed mild expression, while 25% (n=5) showed moderate expression of TrKA. By contrast 23.33% (n=7) of CRF patients showed mild expression, 33.33% (n=10) showed moderate expression and 43.33% (n=13) showed strong expression of TrKA.

Table (5) Comparison between control and CRF groups according to expression of TrKA in Stratum basale.

Stratum basale	Expression	Control	CRF patients	P value
	Mild	15 (75%)	7 (23.33%)	<0.0001
	Moderate	5 (25.00%)	10 (33.33%)	
	Strong	0	13 (43.33%)	

NGF: nerve growth factor. TrKA: tyropomyosin kinase. P value < 0.05 was significant.

In mid epidermis, all control samples 100% (n=20) showed no expression of TrKA. By contrast, about 20% (n=6) of CRF patients showed mild expression, 36.67% (n=11) showed moderate expression and 43.33% (n=13) showed strong expression of TrKA .

Table (6) Comparison between control and CRF groups according to expression of TrKA in mid epidermis.

Mid epidermis	Expression	Control	CRF patients	P value
	Negative	20 (100%)	6 (20.00%)	<0.0001
	Moderate	0	11 (36.67%)	
	Strong	0	13 (43.33%)	

NGF: nerve growth factor. TrKA: tyropomyosin kinase. P value < 0.05 was significant.

In upper epidermis, control samples 100% (n=20) showed no expression of TrKA. By contrast, about 20% (n=6) of CRF patients showed mild expression, 40% (n=12) showed moderate expression and 40% (n=12) showed strong expression of TrKA.

Table (7) Comparison between control and CRF groups according to expression of TrKA in upper epidermis.

Upper epidermis	Expression	Control	CRF patients	P value
	Negative	20 (100%)	6 (20.00%)	<0.0001 P value < 0.05 was significant.
	Moderate	0	12 (40.00%)	
	Strong	0	12 (40.00%)	

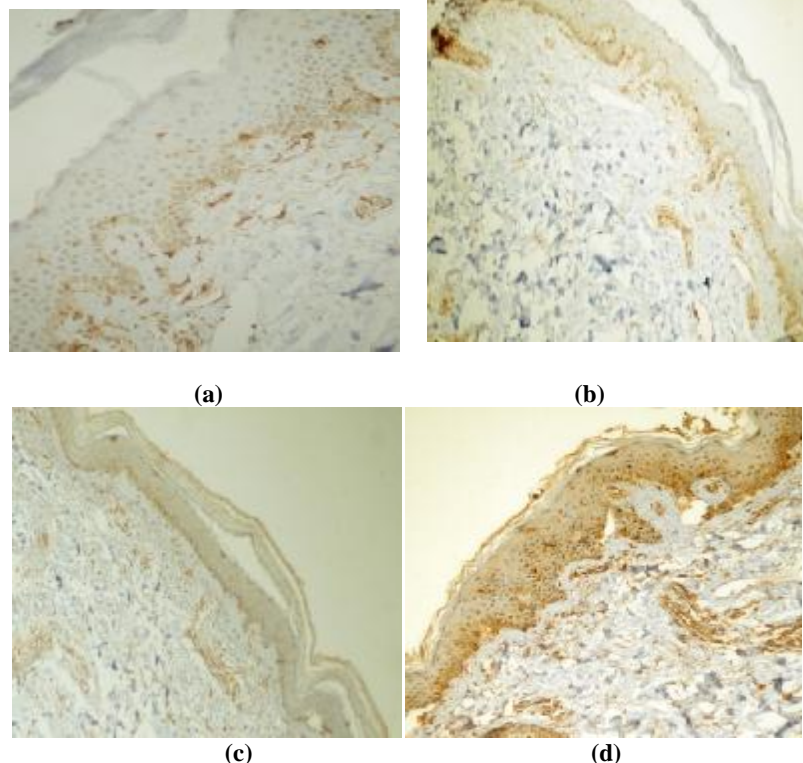


Figure (3) Expressions of TrKA in epidermis:

(a) TrKA expressions in control. (b) Mild TrKA expressions in CRF patients. (c) Moderate TrKA expressions in CRF patients. (d) Strong TrKA expression in CRF patients.

In dermis, about 75% (n=15) of control samples showed mild expression, while 25% (n=5) showed moderate expression of TrKA. By contrast 13.33% (n= 4) of CRF patients showed mild expression, 43.33% (n=13) showed moderate expression and, 43.33% (n=13) showed strong expression of TrKA.

Table (8) Comparison between control and CRF groups according to expression of TrKA in dermis.

Dermis	Expression	Control	CRF patients	P value
	Mild	15 (75%)	4 (13.33%)	<0.0001
	Moderate	5 (25.00%)	13 (43.33%)	
	Strong	0	13 (43.33%)	

NGF: nerve growth factor. TrKA: tyropomyosin kinase. P value < 0.05 was significant.

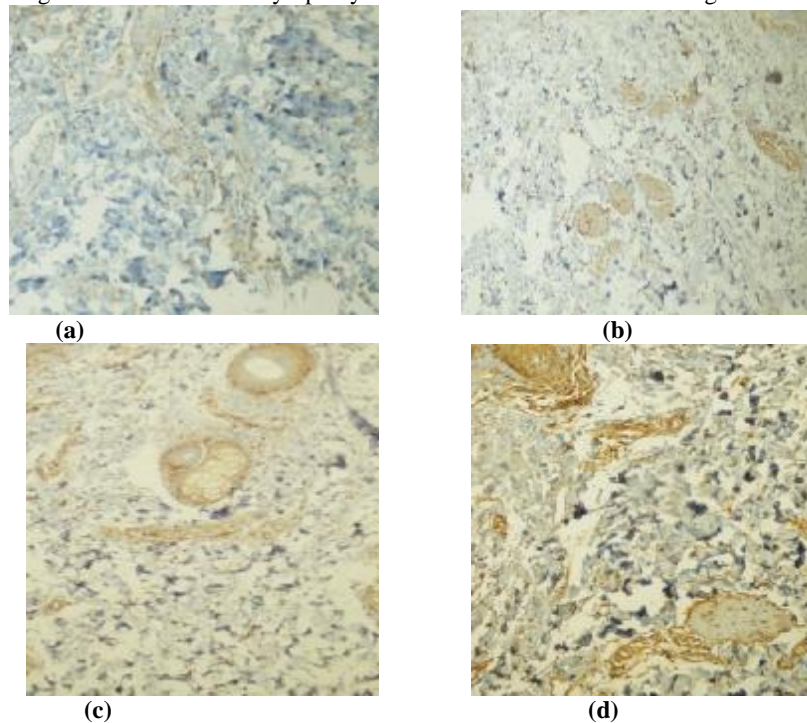


Figure (4) Expressions of TrKA in dermis:

(a) Expressions of TrKA in control. (b) Mild expressions of TrKA in CRF patients. (c) Moderate expressions of TrKA in CRF patients.(d) Strong expressions of TrKA in CRF patients.

In CRF patients, the mean (SD) of 5-D itch score was 17.33 (4.4) and median (range) 17 (10-24).

Table (9) Distribution of 5-D itching score among studied population in CRF patients.

5-D itching score	Data
Mean (SD)	17.33 (4.4)
Median (range)	17 (10-24)

CRF: chronic renal failure SD: standard deviation

There was a significant correlation between degree of expression of NGF and 5-D itching score. In weak expression of NGF, the 5-D itch score mean \pm SD was 10.83 (0.98) and the median (range) was 10.5 (10-12). In moderate expression of NGF the 5-D itch score mean \pm SD was 15.73 (1.01) and the median (range) was 16 (14-17). In strong expression of NGF the 5-D itch score mean \pm SD was 21.69 (1.54) and the median (range) was 22 (19-24).

Table (10) Relation between expression of NGF and 5-D itching score.

Expression of NGF	5-D itching score Mean \pm SD Median (range)	P value
Weak	10.83 (0.98) 10.5 (10-12)	<0.0001
Moderate	15.73 (1.01) 16 (14-17)	
Strong	21.69 (1.54) 22 (19-24)	

P value <0.05 was significant. SD: standard deviation

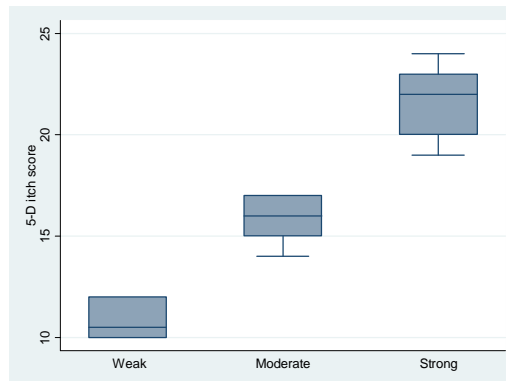


Figure (5) Relation between expression of NGF and 5-D itching score.

There was a significant correlation between degree of expression of TrKA and the 5-D itching score. In weak expression of TrKA; mean \pm SD was 10.83 (0.98) and the median (range) was 10.5 (10-12). In moderate expression of TrKA; mean \pm SD was 15.73 (1.01) and the median (range) was 16 (14-17). In strong expression of TrKA; mean \pm SD was 21.69 (1.54) and the median (range) was 22 (19-24) .

Table (11) Relation between expression of TrKA and 5-D itching score.

Expression of TrKA	5-D itching score Mean ± SD Median (range)	P value
Weak	10.83 (0.98) 10.5 (10-12)	<0.0001
Moderate	15.73 (1.01) 16 (14-17)	
Strong	21.69 (1.54) 22 (19-24)	

TrKA: tyrosomyosin kinase. SD: standard deviation.

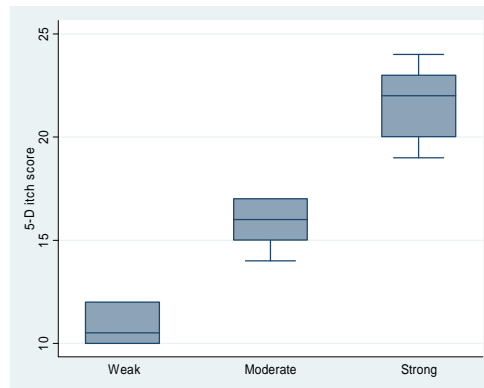


Figure (6) Relation between expression of TrKA and 5-D itching score.

References

- (1) **Atlas of chronic kidney disease in the United States.** Incidence, prevalence, patient characteristics, & Modality. United State Renal Data System (USRDS). 2012 Annual data 215-228.
- (2) **Ahmed AM, Allam MF, Habil ES, Metwally AM, Ibrahiem NA, Radwan M, El-Gaafary MM, Afifi A and Gadallah MA.** Development of practice guidelines for hemodialysis in Egypt. Indian J Nephrol. 2010;20(4):193-202.
- (3) **El Minshawy O.** End-stage renal disease in the El-Minia Governorate, upper Egypt: An epidemiological study. Saudi J Kidney Dis Transpl 2011;22:1048-54.
- (4) **Leung KCD.** Psychosocial aspects in renal patients. Perit Dial Int. 2003; Suppl 2:S90-4.
- (5) **Robinson-Bostom L and DiGiovanna JJ.** Cutaneous manifestations of end stage renal disease. J Am Acad Dermatol. 2000;43(6):975-86.
- (6) **Cordova KB, Oberg TJ, Malik M and Robinson-Bostom L.** Dermatologic conditions seen in end-stage renal disease. Semin Dial. 2009;22(1):45-55
- (7) **Pisoni RL, Wikstrom B, Elder SJ, Akizawa T, Asano Y, Keen ML, Saran R, Mendelssohn DC, Young EW and Port FK.** Pruritus in haemodialysis patients: International results from the

- Dialysis Outcomes and Practice Patterns Study (DOPPS). Nephrol Dial Transplant. 2006; 21(12):3495-3505.
- (8) **Sultan M, Mansour H, Wahby I and Houdery A.** Cutaneous manifestations in Egyptian patients with chronic renal failure on regular hemodialysis. J Egypt Women Dermatol Soc. 2010; 7 :49-55.
- (9) **Jovanović M.** Current concepts of pathophysiology, epidemiology and classification of pruritus. Srp Arh Celok Lek. 2014;142(1-2): 106-112.
- (10) **Matsuda H, Coughlin MD, Bienenstock J and Denburg JA.** Nerve growth factor promotes human hemopoietic colony growth and differentiation. Proc Natl Acad Sci U S A. 1988;85(17):6508-12.
- (11) **Aloe L, Bracci-Laudiero L, Bonini S and Manni L.** The expanding role of NGF: from the neurotrophic activity to immunological diseases. Allergy, 1997;52(9):883-904.
- (12) **Holzer P.** Local effector function of capsaicin-sensitive sensory nerve endings: involvement of tachykinins, calcitonin gene-related peptide and other neuropeptides. Neurosci. 1988; 24, 739- 768.
- (13) **Pincelli C and Marconi A.** Autocrine nerve growth factor in human keratinocytes. J Dermatol Sci. 2000;22(2): 71-79.
- (14) **Elman S, Hynan LS, Gabriel V and Mayo MJ.** The 5-D itch scale: a new measure of pruritus Br J Dermatol. 2010;162(3):587-93.

الملخص العربي

المقدمة:

الفشل الكلوي المزمن أو المرض الكلوي المزمن ، هو فقدان التدريجي في وظائف الكلى خلال فترة أشهر أو سنوات. ويختلف عن مرض الكلى الحاد في أن فقدان التدريجي في وظائف الكلى يكون أكثر من 3 أشهر.

الأعراض الجلدية الرئيسية للمرض الكلوي المزمن هي الجفاف، فرط تصبغ، حكة، الاضطرابات التنقيبية والتكلسية والأمراض الفقاعية.

الحكة اليوريمية أو حكة الكلى هي مشكلة شائعة و مؤلمة للأشخاص الذين يعانون من المرض الكلوي المزمن . عندما تكون بدرجة شديدة، فإنها تؤدي إلى الحرمان من النوم، والاكتئاب، وترتبط مع زيادة خطر الوفاة. وقد وجد ان المرضى المصريين المصابين بالقصور الكلوي المزمن والذين يقومون بالغسيل الكلوي كان انتشار الحكة بينهم بنسبة ٥٥٪. هناك قائمة من الاقتراحات الغير مؤكدة عن أسباب الحكة وتشمل: جفاف الجلد، تكاثر الخلايا البدنية، السيروتوكينات، فرط نشاط الغدة الجار درقية، التوازن بين المستقبلات الأفيونية، زيادة أيونات الكالسيوم، والمغنيسيوم والفوسفات في الجلد و الانتقال غير طبيعي عن طريق العمود الفقري.

عامل نمو الأعصاب هو ببتيد موجه للعصب وهو ضروري لبقاء ونمو بعض الخلايا العصبية المركزية، وكذلك الخلايا العصبية الحسية الواردة والخلايا العصبية السميتاوية. كما يتضمن عددا من الآثار البيولوجية على الخلايا غير العصبية ويعتقد أن عامل نمو العصب قد يلعب أيضا دورا في الاضطرابات الالتهابية، اضطرابات المناعة الذاتية والحساسية. وقد وجد ان لعامل نمو العصب تأثير على عدة مناطق بالخ ومنها المناطق المسؤولة عن مرض الزهايمر والاضطراب ثنائي القطب. كما وجد له تأثير اضطرابي على الوظائف الإدراكية والتي يمكن ان نجدها في مرضى الشيزوفرانيا. وفي الجلد ويعتقد أن عامل نمو العصب يلعب دور في الاستجابات الالتهابية وفي إصلاح الأنسجة والتليف. كما أنه يسبب افراز و انتشار الهستامين من قبل الخلايا البدنية.

كما يمكن أن يعزز نمو الأعصاب الحسية وقد أظهرت دراسات سابقة زيادة كثافة الألياف العصبية في جلد المرضى الذين يعانون من الحكة العقيدية والتهاب الجلد التأتبي. كما أنه وجد له دور في مرض الصدفية وأن

تنبيط مستقبله قد يكون مفيد في علاج الصدفية. وهو أيضا عامل مهم في بقاء الخلايا الصبغية وربما يؤثر على بقاء الخلايا الصبغية في البهاق القطعي واضطرابات التصبغ الأخرى.

أهداف البحث:

التحقق من اظهار عامل نمو الأعصاب ومستقبله في مرضى الفشل الكلوي المزمن الذين يعانون من الحكة وربط درجة الاظهار مع معدل الحكة.

طرق البحث:

وقد أجريت هذه الدراسة على ثلاثين من المرضى الذين يعانون من الفشل الكلوي المزمن والحكة اليوريمية والذين يقومون بالغسيل الكلوي في مستشفى التعليمي سوهاج و عشرين شخصا من الأصحاء. وقد تضمنت المرضى المصابين بالقصور الكلوي المزمن والحكة اليوريمية من كلا الجنسين و من أي سن و الذين لم يتلقوا أي علاجات للحكة لمدة ٣ أسابيع قبل البدء في الدراسة. تم استبعاد المرضى الذين يعانون من تاريخ من الأمراض الطبية الأخرى مثل داء السكري، وأمراض الكبد وتشوهات وظيفة الغدة الدرقية، والأمراض الجلدية الأولية. وقد خضع جميع المرضى لأخذ التاريخ الكامل وشملت: (١) التاريخ الشخصي؛ والعادات الخاصة ذات الأهمية الطبية مثل التدخين. (٢) التاريخ الطبي كما تم إخضاع جميع المرضى لفحص سريري عام وفحص الأمراض الجلدية المحلية وشملت الجلد والأغشية المخاطية والشعر والأظافر. وقد تم قياس شدة الحكة باستخدام معدل للحكة وهو عبارة عن استبيان من ورقة واحدة و التي تقيس ليس فقط لشدة الحكة ولكن أيضا تأثيرها على نوعية حياة المريض، وكشف أيضا التغيير مع مرور الوقت ويشتمل (مدة - درجة - الاتجاه - الاعاقة والتوزيع). النتيجة القصوى هي ٢٥ وتشير حكة شديدة بينما الحد الأدنى للدرجة هي ٥ وتشير لعدم وجود حكة. تم أخذ عينات الجلد لكل من المرضى والضوابط. وكانت أحجام العينات ٥ ملم التي اتخذت تحت تخدير موضعي (ليدوكائين ٠,٥٪). و قد تم تجهيز العينات للدراسات المناعية الخلوية.

النتائج:

- ووجدت الدراسة أن في جلد المشاركين الأصحاء اظهار عامل نمو العصب في الطبقة القاعدية البشرة، لكن لم يكن هناك اظهار في الطبقات العليا و منتصف طبقات البشرة بينما في الأدمة أظهر ٧٥٪ منهم اظهار ضعيف و ٢٥٪ اظهار معتدل.
- المرضى المصابين بالقصور الكلوي المزمن مع حكة على غسيل الكلوي كان اظهار عامل النمو العصبي قويا في الطبقات القاعدية والعليا ومنتصف طبقات البشرة. كان هناك تعبير قوي عن عامل نمو العصب في الأدمة مع بعض الخلايا الشبه مغزلية خاصة في الحليمات الجلدية.
- ووجدت الدراسة أن في الجلد من المشاركين الأصحاء اظهار المستقبل الخاص في الطبقة القاعدية البشرة، لكن لم يكن هناك اظهار في طبقات الخلايا البشرة العليا ومنتصف طبقات البشرة. بينما في الأدمة أظهر ٧٥٪ منهم اظهار ضعيف و ٢٥٪ اظهار المعتدل.
- في المرضى المصابين بالقصور الكلوي المزمن مع حكة الذين يقومون بالغسيل الكلوي كان اظهار المستقبل الخاص قوي في الطبقات القاعدية، منتصف وطبقات البشرة العلوية. وفي الأدمة خاصة الأدمة العليا.
- كما وجدت وجود ارتباط كبير بين معدل الحكة ودرجة الاظهار عن كل من عامل نمو العصب ومستقبله.

